

# NEWSLETTER

May We Blossom In Friendship & Grow In Knowledge

## Business Meetings

10 AM, first Thursdays Sept-June,  
Rotary Clubhouse, Lew Howard  
Park, 7150 Baldwin Dam Rd,  
Folsom, CA

## Affiliations

National Garden Clubs, Inc  
Pacific Region Garden Clubs  
CA Garden Clubs, Inc.  
Sacto River Valley District

## Officers

President: Ron Byrd  
Co1st VPs: Janis Erickson &  
Denise Martinez  
2nd VP: Jessica Hodge  
Co-Treasurers: Belinda Colville &  
Judith Greenalch  
Secretary: Bev Dwyer  
Sub. Secretary: Sherrill Gomes  
Past President: Joy Greene  
Parliamentarian: Dorette Carlson



## Club Calendar

### January Business Meeting, Thursday, January 4, 2018, 10AM

Greg Gayton from  
Green Acres  
Nursery in Folsom  
will be our speaker. Many of us have peppered Mr. Gayton with  
gardening questions during our visits to Green Acres. He will share  
information about the latest and greatest landscape plants, and bring a  
raffle prize too.



### January Dirt Gardener Event, Thursday, January 18, 2018, Twin Lakes Food Bank Garden, Folsom, 10AM

Folsom's Twin Lakes Food Bank has provided for those in need for over  
30 years. Recently they added a garden to provide a bountiful,  
nutritional harvest of fresh fruits and vegetables year round. Tammy  
Thompson and Jerry Stone will give us a tour of this local treasure.

### February Business Meeting, Thursday, February 1, 2018, 10AM

Last year, the amazing Lori Ann Asmus, owner of Emerald City Interior  
Landscape Services, told us she could really dish us the dirt about soil.  
This year, she's back to speak on that topic: "Start With The Dirt." Lori  
Ann will discuss developing the ideal environment for plant growth  
using sufficient nutrients and moisture.

### February Dirt Gardener Event, Thursday, February 15, 2018, Historic Folsom Walking Tour, 10AM to 11:30AM

Enjoy a docent led walking tour of Historic Folsom. Learn the history of  
the buildings, who built them, and their original use. Headsets will be  
provided for great audio quality during the tour. There is a \$15.00 per  
person fee for the tour.



## January Birthdays

The January birth flower is the Carnation or Snowdrop, symbolizing fascination, distinction, and love.

Diane Sullivan - Jan 2

Paulette Mulligan - Jan 4

Dan Knott - Jan 6

Martha Johnston - Jan 7

Bonnie McClain - Jan 12

Sharron Anderson - Jan 14

Gail Gerson - Jan 15

Michelle Bowman - Jan 18

Faith Dennis - Jan 20

Julio Sazo - Jan 21

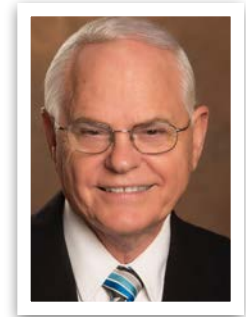
Marilyn Starbuck - Jan 22

Ed Shaffaeffer - Jan 29

## The President's Corner

Happy New Year...Happy 2018!

Somehow we all survived another year...and another busy month in December. It always seems to me like December 31<sup>st</sup> is a milestone and once we get past it our future is once again bright and bountiful with new opportunities.



Whether you make New Years Resolutions or not, it is time for new beginnings, so think of the things you want to accomplish this year. Our garden club is like one big happy family doing great things in our community. We're currently not outdoors a great deal since Mother Nature is taking a rest and all the plants, flowers, and trees are silently resting and getting ready for spring in a few months.

Start new cuttings and root small plants for the April plant sale. Divide and multiply clumps of flowers that need to be separated. Prune shrubs and trees back to allow for new growth.

Think good thoughts about club members that may need help or encouragement. Determine to make friends with our new members and learn things about their gardening experiences.

Always have fun with all you do in life...especially with our garden club...continue to learn more about gardening...and then share it with others.

I am looking forward to a great 2018. I appreciate all you do to make our journey together a pleasant one.

Ron Byrd, President



## December Business Meeting

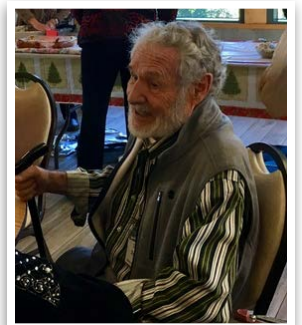
Attendance: 89

Our annual Holiday Party was a smashing success. We enjoyed beautiful table decorations, ate tons of yummy food, donated food for the food bank and toys for Toys For Tots, and Santa arrived greeted by a rousing chorus of Jingle Bells.

Setting up: Karen Hoff (seen chatting with Tina Schutte) makes sure we have plenty of coffee to fuel us at every meeting, Cecelia Cutler gets the greeting table ready, Carroll Vinson, Judy Hickey, and Dorette Carlson work on table decorations.



And then the party started!





### Grants Story

—by Jennie Lewis, Grants Chair

The Folsom Garden Club (FGC) set aside \$5,000 for Grants in the 2016-17 Budget (last year). The Grants Committee has now received final reports on the funded projects. One of those projects follows:

#### A GARDEN IS ENHANCED AND ACCESSIBLE!

Vista del Lago High School received an \$800 grant to create a more functional space in their existing garden for students with special needs and to allow students in wheelchairs to be more involved in the garden.



The grant was used to purchase two potting benches—one was placed near the garden beds and another was placed in the greenhouse. The potting benches have helped the students more easily prepare plants for the garden beds and planters as well as being an easy access point for the tools to be laid out for the garden work. A sail cloth and umbrella were purchased to provide shade in the garden for students who are sensitive to the sun. Various planting containers were purchased to provide access for some students to participate in the garden activities. In addition, various supplies such as pitchers with snap on lids, five gallon buckets with seating lids, potting soil, plants/seeds, potting containers, gloves, and hand tools were obtained with the funding.

Ms. Sally Reed, Special Education Teacher, grant writer, and garden coordinator had been funding the garden out of her salary until the FGC awarded this grant. Ms. Reed conveyed the following message to the club: “Thank you so much for this much needed grant. The grant allowed us to transform our garden from something basic to a lovely garden space for our students.”

UMBRELLA/POTS/POTTING BENCH



WHEELCHAIR ACCESS IN THE GARDEN



COVERED PITCHER

## Folsom Garden Club Garden Tour News for January

—by Jessica Hodge, 2nd Vice President, Garden Tour Chair

Happy New Year! I hope that each of you had a lovely holiday that was full of love, laughter, fun and family.

We had quite a nice day at **Young Wo Circle in Folsom on Thursday, December 14** to do some planting and pruning in Cindy Baker's garden. The weather cooperated with blue skies and warming sun. Cindy made some amazing pizza in her outdoor pizza oven which we rapidly devoured. We'll have an opportunity to help with grapevine pruning in February, so keep your pruning shears handy.

The next **Garden Tour Committee meeting** will be on **Thursday, January 11 at the Murer House at 12:30PM** for potluck and the meeting at 1PM. We'll look at the 2018 Garden Tour ticket and get updates on Sponsorship, Publicity and Host Coordination Committees.

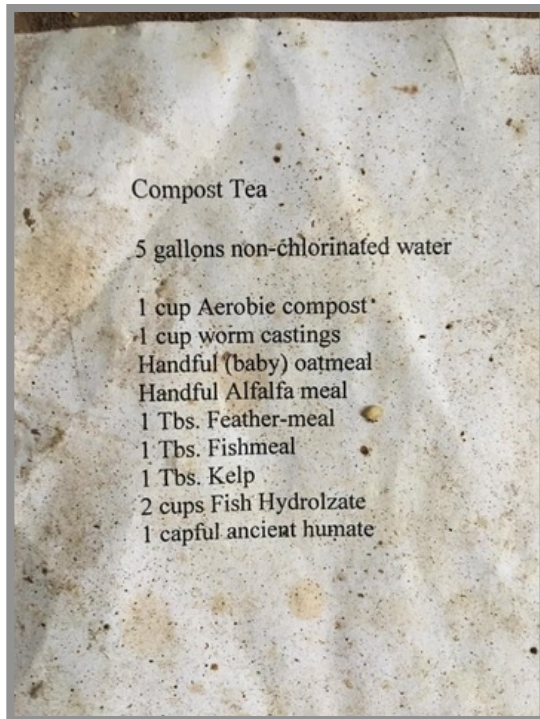
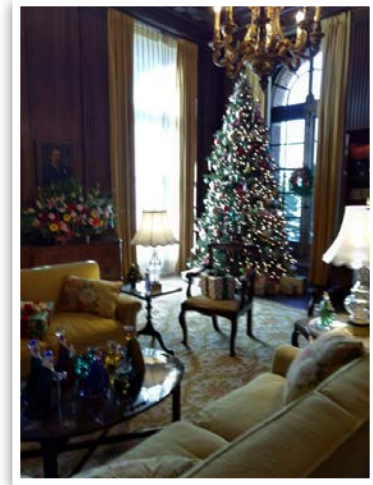
We have found some CDs of previous Garden Tours but I don't have any way to play them. None of the various computers in our house have a CD drive. Modern technology has its drawbacks at times. Do you have a CD drive on your computer where you could transfer the video file to a thumb drive? I'll gladly deliver and assist with the transfer.

If you want more information, please contact Jessica Hodge.



## People & Gardens

Donna Nelson took this photo of the amazing holiday decorations at Filoli during a visit in December.



From The Gardens of Alcatraz Facebook page: a compost tea recipe, well-stained by the ingredients.

## New Year's Resolutions For Gardeners

It's that time of year for making resolutions. Don't waste time on silly ones like cutting calories or saving money. Put your resolve into improving your gardening life. Here's a few ideas to get you started.

- ✦ Rejuvenate: replace a worn out gardening tool, tear out a dead shrub or tree, get rid of a falling down fence
- ✦ Learn: sign up for a gardening class, go to flower shows, acquire a new skill, attend club business meetings to learn from our speakers
- ✦ Plant More: expand your acreage by getting a plot at Gladys' Garden, plant cover crops, add California native plants to your garden
- ✦ Explore: visit public gardens, attend Dirt Gardener events
- ✦ Hire: expertise when you need it—arborist, landscape designer, contractor, etc.
- ✦ Organize: your gardening reference materials, your potting bench, your tools
- ✦ Plan: make a sun chart and a planting plan for each of your garden beds, start a gardening journal, install a rain barrel
- ✦ Share: seeds and plants, send photos of your garden to the Folsom Garden Club's Newsletter 😊



## Upcoming N. California Gardening Events

January 1, New Year's Day Walk & Picnic, Walk: 10:30AM-12:30PM, tailgate picnic to follow, California Native Plant Society, Salmon Falls Rd/Skunk Hollow, Folsom SRA, [cnpschris@gmail.com](mailto:cnpschris@gmail.com), [https://sacvalleycnps.org/index.php?option=com\\_content&view=article&id=1&Itemid=172](https://sacvalleycnps.org/index.php?option=com_content&view=article&id=1&Itemid=172)

January 10, 7PM, Lecture: A Habitat Garden By Design, speaker: Kate Frey, the garden designer who designed the organic public garden at Fetzer Vineyards, the Melissa Garden in Healdsburg, and the gardens at Lynmar Winery in Sebastopol. Her gardens have won two gold medals at the Chelsea Flower Show in London, a rare honor for an American designer. Los Altos. Hosted by <https://www.westernhort.org/speakers-events>

January 20, 9AM-12PM, Pruning Workshop, Fair Oaks Horticultural Center, <http://sacmg.ucanr.edu/?calitem=387621&g=21788>

January 20, 9AM-12PM, Seed Saving class, Soil Born Farms, Rancho Cordova, [soilborn.org](http://soilborn.org)

January 20, 9:30AM-12:30PM, Getting Started: Flower Arranging For Everyone, Filoli, Woodside, <https://filoli.org/calendar/>

January 23, 10AM-12PM, Learn & Shop: Winter Pruning Techniques & Tips, UC Davis Arboretum, <https://usi.campaign-archive.com/?u=062ccd5594658b23ccc1da365&id=197d48999c>

January 27, 9AM-12PM, The Beer Garden class, learn about growing and brewing hops, Cameron Park, <http://mgeldorado.ucanr.edu/Calendar/?calitem=388935&g=94860>

Various Dates: Newcastle Produce's cooking classes, 6:30PM. January 16, Eat Pretty: Winter, January 23, National Pie Day: Let's Make a Pie, and January 25, For the Love of Citrus, <https://newcastleproduce.com/products/classes/>

## The Last Word

Thank you Carolyn Vodoklys and Susan Langille for your photos. And thanks to all who contributed to this issue of the newsletter.

Your contributions to this newsletter are always welcome. I dance an interpretive Martha Graham-esq dance to Guy Lombardo's Auld Lang Syne around my iPad every time someone sends me something for the newsletter.

**Submissions for the February newsletter are due on January 27th.** You can email me or text me.

Send your submissions to:  
Kathy Bramall, Newsletter Editor



*"Adopt the pace of winter; her secret is patience." — Ralph Waldo Emerson*